



# COUNTYWIDE FITNESS CHALLENGE 2016



A DAY AT THE FARMERS' MARKET

## STOP & SMELL THE FLOWERS!

Join us at the Farmers' Market for healthy foods,  
softball tournament, and power walks.

CERTIFIED NUTRITIONIST

5K RUN

FITNESS POWER WALKS

SCAVENGER HUNT

FREE GIVEAWAYS  
DRAWING PRIZES

SOFTBALL TOURNAMENT\*

\*August 6 – Tournament  
September 10 – Championship playoff  
at Alondra Community Regional Park

### Wilson Park Certified Farmers' Market

2200 Crenshaw Boulevard  
Torrance, CA 90501  
4th Supervisorial District

**Saturday,  
August 6, 2016**  
**8:00 a.m. – Noon**

EVENT SPONSOR



KAISER PERMANENTE®

RSVP to secure your giveaways at

<http://employee.hr.lacounty.gov/countywide-fitness-challenge-2/>

